

Pre-Ballet Division

Pre-Ballet I, II & III Students ages 3-9

Inna Ballet offers classes in the renowned Vaganova method for even the youngest of dancers. Pre-Ballet classes feature gentle, age-appropriate floor and center exercises to develop muscle skills, coordination, musicality and spatial awareness.

Students gradually learn ballet vocabulary and elementary barre technique. By the time your dancer is in Pre-Ballet III, they have already entered the formal study of classical ballet. Upon mastery of Pre-Ballet III, students are well-equipped to handle the more rigorous training that begins in Ballet I.

Pre-Ballet I

Saturday

Ballet 9:30-10:15
Tap/Jazz 10:15-10:45

Pre-Ballet II

Tuesday

Ballet 4:15-5:00
Rehearsal 5:00-6:30

Wednesday

Ballet 4:15-5:00
Contemporary 5:00-5:30

Saturday

Ballet 10:15-11:00
Stretch 11:00-11:15

Pre-Ballet III

Tuesday

Ballet 4:15-5:00
Rehearsal 5:00-6:30

Wednesday

Ballet 5:00-5:45
Contemporary 5:45-6:15

Thursday

Ballet 5:30-6:15
Stretch 6:15-6:30

Females:

Pre-Ballet I

WHITE Wear Moi "Faustine" leotard, thin white folded socks, pink canvas split sole ballet shoes

Pre-Ballet II

PINK Wear Moi "Faustine" leotard, thin white folded socks, pink canvas split sole ballet shoes

Pre-Ballet III

LILAC Wear Moi "Faustine" leotard, Bloch "Contoursoft" footed tights in SALMON, pink canvas split sole ballet shoes

Males:

Pre-Ballet I, II & III

White fitted short sleeve t-shirt, black fitted shorts, thin white socks (not gym socks) & white canvas split sole ballet shoes